# **Depression on College Campuses Conference**

March 9-10, 2022 | Virtual Event

Free for students | \$75 conference registration | Register Today!



# **2022** Conference Schedule:

### Day 1: WEDNESDAY, MARCH 9, 2022

Times are Eastern Standard Time. Schedule and event content is subject to change.

### 12:00-1:00 p.m. OPENING KEYNOTE

# Strategies for Preventing Suicide During COVID and Beyond: Focus on Youth & Young Adults

Christine Yu Moutier, MD, Chief Medical Officer, American Foundation for Suicide Prevention

### 1:15-2:45 p.m. MINI-WORKSHOPS

# Systemic Changes to Better Support Graduate Student Mental Health and Well-being

Steven Corcelli, PhD, Professor of Chemistry and Biochemistry, Associate Dean for Interdisciplinary Studies and Faculty Development, University of Notre Dame; Meghan Duffy, PhD, Professor of Ecology and Evolutionary Biology, Chair, Rackham Graduate School's Mental Health and Well-being Committee, University of Michigan; Karen Gould, PhD, MEd, Professor & Vice Chair for Graduate Education, Department of Genetics, Cell Biology and Anatomy, University of Nebraska Medical Center; Melissa Tibbits, PhD, Associate Professor and Graduate Program Director, Department of Health Promotion, University of Nebraska Medical Center; Elizabeth Rohr, LLMSW, Well-being Advocate, Rackham Graduate School, University of Michigan

#### **Collegiate Recovery Programs During COVID-19**

Matt Statman, MSW, Program Manager, Collegiate Recovery Program, University of Michigan; Allison M. Smith, PhD, Assistant Commissioner for Student Health and Wellness, State of Louisiana Board of Regents; Dawn Kepler, BS, Coordinator, Michigan State University Collegiate Recovery Community and Recovery Housing; Jessica McDaniel, MA, Interim Assistant Director, Center for Young Adult Addiction and Recovery, Kennesaw State University; Dominiquie M. Clemmons-James, PhD, LCMHC, CRC, LCAS, Clinical Counselor, Collegiate Recovery Coordinator, North Carolina A&T State University; Waltrina **DeFranz-Dufor, PhD**, Director, Collegiate Recovery Community, Health and Counseling Center, University of Denver

# Racial Equity in Higher Education: Lessons Learned from the Equity in Mental Health on Campus

Jan Collins-Eaglin, PhD, Senior Scientific Advisor, Project Lead, Equity in Mental Health Framework for the Steve Fund; David Rivera, PhD, Associate Professor of Counselor Education, Queens College, City University of New York

#### **Profess Project**

*Chelsea Cobb, LMHC-MA,* Co-Director College Mental Health Educational Program, Center for Psychiatric Rehabilitation, College of Rehabilitation Sciences, Sargent College, Boston University; *Courtney Joly-Lowdermilk, MSEd, Director, Strategic Services Initiatives, Center for Psychiatric Rehabilitation, College of Rehabilitation Sciences: Sargent College at Boston University* 

## 3:00-4:30 p.m. Scaling Hybrid Care to Better Support Minoritized Students: Addressing Mental Health Equity Gaps on Campus

**Nora Feldpausch, MD**, Psychiatrist, Medical Director; **Leah Goodman, OTD, OTR/L**, Occupational Therapist, Program Success Manager; **Donna Tran, MPH**, Medical Student, National President of the Asian Pacific American Medical Student Association

# Where Did We Come from and Where Are We Going: College Campus Mental Health Before and During the COVID-19 Pandemic

**Akilah Patterson, MPH**, Doctoral Student, Graduate Researcher, Healthy Minds Network, University of Michigan; **Divya Manikandan, BS**, Research Assistant, Healthy Minds Network, University of Michigan

#### Peer Support for Student Veterans on Campus

**Michelle Kees, PhD**, Director, Military Support Programs and Networks; **Kali Lake, MSW,** Program Manager, Peer Advisors for Veteran Education (PAVE), Military Support Programs and Networks

## 4:45-6:00 p.m. POSTER & NETWORKING SESSION

### Day 2: THURSDAY, MARCH 10, 2022

Times are Eastern Standard Time. Schedule and event content is subject to change.

### 12:00-1:30 p.m. Presentation

George Orley Student Mental Health Advocate Award

### **Panel Discussion**

Supporting Student Mental Health during COVID-19

Amy Gatto, MPH, Senior Campus Program Manager, Active Minds; 2022 Active Minds Healthy Campus Award winners

### 1:45-2:45 p.m. CONCURRENT SESSIONS

# Transforming Student Mental Health and Well-being: Innovative Approaches at the University of Michigan

Laura Blake Jones, PhD, Dean of Students, University of Michigan; Amy Dittmar, PhD, Senior Vice Provost for Academic and Budgetary Affairs, University of Michigan; Heather Guenther, BA, Communications Director, Student Life, University of Michigan; Mary Jo Desprez, MA, Director, Wolverine Wellness, University Health Service, University of Michigan; Todd Sevig, PhD, Director, Counseling and Psychological Services, University of Michigan; Will Sherry, MSW, Interim Director of Strategic Initiatives, Student Life, Director, Spectrum Center, University of Michigan

# Normalizing First-Year Challenges as Depression Prevention: A Brief, Peer-led Social Belonging Intervention to Benefit BIPOC and First-Generation College Students

Erin Sheets, PhD, Associate Professor, Colby College

#### **Opportunities and Challenges in Community College Mental Health Provision**

**Amy Rusch, MPH**, Research Area Specialist, Department of Health Management and Policy, University of Michigan School of Public Health; **Shawna Smith, PhD**, John G. Searle Assistant Professor of Health Management and Policy, University of Michigan School of Public Health; **Alex Ammann, BA**, Graduate Student, University of Michigan School of Public Health; **Kendall Mosher**, Undergraduate Student, School of Public Health, University of Michigan

#### A Study of Well-being and Resilience During the COVID-19 Pandemic

*Kristen Gilley, MPH*, Research Assistant, Michigan Medicine Pediatrics; *Loubna Baroudi, MS*, PhD Candidate, Department of Mechanical Engineering, University of Michigan

#### 3:00-4:00 p.m. Bridging Gaps: Establishing Mental Health Supports for Diverse Populations

*Whitney Robenolt, PsyD,* Counselor, Counseling and Human Development, Bloomsburg University; *Mindy Andino, EdD*, Associate Professor, Bloomsburg University

#### **Reimagining Mental Health and Well-being Supports in the COVID Context**

Nathaan Demers, PsyD, Vice President and Director of Clinical Programs, YOU at College

#### Renewed Understandings of College Student Peer Support in the Era of COVID-19

**Nick Brdar**, Undergraduate Student, Executive Director, Wolverine Support Network, University of Michigan; **Courtney Jones**, Undergraduate Student, Director of Leader Development, Wolverine Support Network, University of Michigan

#### Stress, Genetics, and Mood: Impact of COVID-19 on College Freshman

**Cortney A. Turner, PhD**, Associate Research Scientist, Michigan Neuroscience Institute and the Department of Pharmacology, University of Michigan

## 4:15-5:15 p.m. CLOSING KEYNOTE

#### Supporting Black Male College Students Mental Health

**Ed-Dee G. Williams, PhD, MSW**, Postdoctoral Fellow, Level Up Lab, University of Michigan School of Social Work

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The Eisenberg Family Depression Center is honored to host the 19th annual <u>Depression on College</u> <u>Campuses Conference</u> (DoCC). The virtual conference will explore the regeneration of mental health work on college campuses in the era of COVID-19.

With the onset and prolonged pandemic, colleges and universities were forced to make enormous adjustments to the way they provided academic and health services. DoCC speakers and attendees will examine the lessons learned from conceptual framework and concrete changes related to virtual and hybrid learning models.

Learn more and register at: depressioncenter.org/docc