



**TUESDAY, MARCH 9, 2021**

(Times are Eastern Standard Time)

**12:00-1:30 Opening Keynote**

**The Mental Health and Well-Being of Students of Color: COVID and Beyond**

*David Rivera, PhD, Associate Professor of Counselor Education, Queens College, City University of New York; Carlota Ocampo, PhD, Provost, Trinity Washington University; Farha Abbasi, MD, Assistant Professor of Psychiatry, Michigan State University; Chevaughn Wellington, Medical Student, Quinnipiac University*

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**1:45-2:45 Concurrent Sessions**

**The Impact of COVID-19 on College Student Mental Health and Wellbeing: Data from the Healthy Minds Study and the ACHA National College Health Assessment III**

*Akilah Patterson, MPH, Study Coordinator, Healthy Minds Study, University of Michigan; Mary Hoban, PhD, Chief Research Officer, American College Health Association*

**Let's Talk About Wellness: Race, Ethnicity, and Wellbeing at a Predominately White Institution**

*Laura McAndrew, MPH, PMP, Health Educator, Sexual Health, Wolverine Wellness, University Health Service, University of Michigan; Chidimma Ozor Commer, LLMSW, MA, E-RYT 200, RYT 500, YACEP, Chidimma Ozor Consulting*

**Leading the Charge: Collectively Navigating Student-Athlete Mental Health & Wellness**

*Abigail Eiler, MSW, LMSW-Clinical, QMHP, Assistant AD, Director of Athletic Counseling, Clinical Assistant Professor of Social Work, University of Michigan, Big Ten Mental Health & Wellness Cabinet; Brad Foltz, PhD, Counseling and Sport Psychologist, Purdue University, Big Ten Mental Health & Wellness Cabinet; Adam Neuman, JD, MPA, Chief of Staff, Strategy and Operations & Deputy General Counsel, Office of the Commissioner, Big Ten Conference; Michelle Garvin, PhD, Director of Clinical and Sports Psychology, University of Maryland, Big Ten Mental Health & Wellness Cabinet; Randy Ballard, MS, Associate Director of Athletics, Sports Medicine, Director of Integrated Performance, University of Illinois, Big Ten Mental Health & Wellness Cabinet*

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**3:00-4:30 Mini-Workshops**

**Equity in Mental Health: Support Strategies for Diverse Student Populations**

*Sofia B. Pertuz, PhD, Chief Diversity & Inclusion Officer, The JED Foundation; Jan Collins-Eaglin, PhD, Senior Scientific Advisor, Project Lead, Equity in Mental Health Framework for the Steve Fund*

**How to Address Religion and Spirituality in Support of Student Wellbeing with Clients in a Non-Religious Institution**

*Kaifa Alsoofy, LMSW, University Counselor II, Counseling and Psychological Services, Wayne State University; Ebony Fails, MA, LPC, University Counselor II, Counseling and Psychological Services, Wayne State University*

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**4:45-6:00 Poster & Networking Session**



## WEDNESDAY, MARCH 10, 2021

### 12:00-1:30 Panel Discussion & Presentation of the George Orley Student Mental Health Advocate Award

#### **Mental Health and the Dual Pandemic: The Student Experience**

**Brandon Bond**, Masters Candidate, School of Public Health, School of Social Work, University of Michigan; **Ananya Cleetus**, Undergraduate Student, University of Illinois Urbana-Champaign; **Tran Doan**, PhD candidate, School of Public Health, University of Michigan; **Geela Margo Ramos**, Undergraduate Student, University of Central Florida; **Preetam Vupputuri**, Undergraduate Student, University of Michigan; Moderator: **Joy Pehlke, MEd**, Health Educator, Wellness, Coach, Lead of Student Engagement & Academic Partnerships, Wolverine Wellness, University of Michigan

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### 1:45-2:45 Concurrent Sessions

#### **Addressing Mental Health and Wellbeing, and the Impacts of COVID-19 in Higher Education**

**Jeena Thomas, MS**, National Academies of Science, Engineering, and Medicine Program Officer for the Committee on Women in Science, Engineering, and Medicine (CWSEM) and the Board on Higher Education and Workforce in the Policy and Global Affairs Division

#### **Institutionalizing Vulnerability: Why Creating Psychological Safety is Critical to Inclusive Excellence**

**Erin McClintock, MEd**, Head of Impact, Social and Emotional Learning, EVERFI; **Jesse Bridges, MEd**, Senior Vice President of Diversity, Equity, and Inclusion, EVERFI

#### **Shaping Black College Men's Mental Health with Social Media Tools: The YBMen Project**

**Daphne C. Watkins, PhD**, Professor of Social Work, Founder and Director of the YBMen Project, University of Michigan

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### 3:00-4:00 International Student Mental Health- Here and Abroad

**Victor Hong, MD**, Psychiatrist, University of Michigan; **Ludmila Barbosa DeFaria, MD**, Clinical Assistant Professor, University of Florida

#### **Addressing Student Loneliness Through Research & Design**

**Nathaan Demers, PsyD**, Vice President and Director of Clinical Programs, YOU at College

#### **Active Minds: Your Voice is Your Power Panel**

**Amy Gatto, MPH**, Senior Campus Program Manager, Active Minds; **Robyn Suchy, BA**, Chapter Manager, Active Minds

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### 4:15-5:15 Closing Keynote

#### **Campus Climate as a Mental Health Equity Issue: Centering the Diverse Experiences of Students of Color**

**Tabbye Chavous, PhD**, Director, National Center for Institutional Diversity (NCID), Associate Vice President for Research, Professor of education, Professor of Psychology, University of Michigan