

Our Program

University of Michigan Addiction Treatment Services (UMATS) offers assessment, diagnosis, and treatment personalized for individuals and their families. Our services are based on successful models of care and the wisdom of recovering individuals, supported by research, and delivered with compassion and hope.

We are committed to achieving positive outcomes through outstanding care for people recovering from substance use disorders, including problems with prescription medications, alcohol, marijuana, and other drugs.

“U-M Addiction Treatment Services was like a port in a storm for our family.

We were treated with compassion and no judgment.”



University of Michigan
Addiction Treatment Services (UMATS)
Department of Psychiatry
Rachel Upjohn Building
4250 Plymouth Road
Ann Arbor, MI 48109-2700

Phone: **1-800-525-5188** or **734-764-0231**

umaddictioncenter.org/clinical-care

Save the 988 Suicide and Crisis Lifeline and other mental health info as a contact in your phone. Scan this QR code:



University of Michigan Addiction Treatment Services (UMATS)



The Regents of the University of Michigan:
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Scan this QR code to watch educational videos and webinars produced by our addiction experts.



Recovery is Real

We believe that addiction is treatable and that individuals who take an active role in their recovery can overcome substance use disorders. We've seen the success firsthand, and we're passionate about supporting you on your journey to recovery.

We provide evidence-based care. We learn what works best through cutting-edge research and we act on what we've learned.

Outpatient Services

Substance use disorders vary in severity and are unique to each individual. We will work closely with you to assess your needs and strengths, then create a personalized recovery plan to help you progress toward your goals.

Supportive family members and friends are encouraged to participate in your recovery process. We understand that substance use affects everyone. We offer therapy options for family and friends whose lives are affected.

We offer services for:

- Individuals
- Groups
- Couples
- Families

We specialize in working with:

- Adolescents and young adults
- College students
- Health professionals
- Individuals with co-occurring mental health conditions
- Adults of all ages

Our services include:

- Evaluations, consultations, and referrals
- Intensive outpatient programs
- Psychiatric assessment and treatment
- Psychiatric and addiction medications (such as buprenorphine for opioid detoxification or maintenance)
- Outpatient detoxification when safe
- Specialized group therapy

A Team Approach

Our team is committed to helping you meet your recovery goals. Our highly trained team of physicians, nurses, psychologists and social work therapists are dedicated to providing you with outstanding treatment and guidance in a supportive and caring environment.

Many of our patients also suffer from symptoms of depression and anxiety. As part of Michigan Medicine's Department of Psychiatry, we provide on-site psychiatric consultation, when needed.

We will also work with your existing health care providers to coordinate your care.

Contact Us

To schedule an appointment or make a referral, please call the Department of Psychiatry's appointment line toll free:
1-800-525-5188 or 734-764-0231

For more information visit:
umaddictioncenter.org/clinical-care

Many health insurance companies will cover services offered through UMATS. Please contact your insurance company for more specific coverage information.

Find Us

We are located at the Rachel Upjohn Building on University of Michigan's East Medical Campus.

Department of Psychiatry
Rachel Upjohn Building
4250 Plymouth Road
Ann Arbor, MI 48109-2700

We also offer virtual visits.

