

## Major Depressive Disorder (MDD)

About 16.2 million adults in the United States will have at least one episode of MDD in their lives,<sup>1</sup> with about twice as many women diagnosed as men.<sup>2</sup> It's the number one cause of disability in the U.S.,<sup>3</sup> and more people are being diagnosed with mental disorders every year.<sup>4</sup>

### Common symptoms of MDD are:

- Depressed mood nearly every day
- Markedly diminished interest or pleasure from most activities
- Weight loss or gain (5%)
- Insomnia or hypersomnia
- Psychomotor agitation
- Fatigue or loss of energy
- Feelings of worthlessness or guilt
- Diminished concentration
- Suicidal ideation

If left untreated, MDD can significantly impair a person's ability to perform daily life activities. The current standard of care is pharmacological treatments, talk therapy, and/or other interventions. Patients who have not achieved adequate symptom relief may want to consider participating in the Shoreline Study.



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**For more information about  
the Shoreline Study, or to refer a  
patient, please contact:**

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<sup>1</sup> <https://www.nimh.nih.gov/health/topics/depression/index.shtml>. Accessed September 18, 2018

<sup>2</sup> <https://www.nimh.nih.gov/health/statistics/major-depression.shtml>. Accessed September 18, 2018

<sup>3</sup> <http://www.apa.org/helpcenter/data-behavioral-health.aspx>. Accessed September 18, 2018

<sup>4</sup> <https://www.bobs.com/the-health-of-america/reports/major-depression-the-impact-overall-health>. Accessed September 18, 2018

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## Shoreline Study

The Shoreline Study is a Phase 3, open-label, 1-year study of the safety and need for re-treatment with SAGE-217 in adults with major depressive disorder (MDD), as assessed by the Hamilton Depression Rating Scale (HAM-D).

### Key Inclusion Criteria

- Men or women 18-75 years
  - Current episode of MDD, with symptoms present for at least a 4-week period\*
  - MADRS total score of  $\geq 28$
- \*As diagnosed by Structured Clinical Interview for Diagnostic and DSM-V Clinical Trial Version (SCID-5-CT).

### Key Exclusion Criteria

- Active psychosis
- Attempted suicide associated with the current episode of MDD
- Medical history of seizures
- Psychiatric history of bipolar disorder, schizophrenia, and/or schizoaffective disorder
- Medical history of mild, moderate, or severe substance use disorder (including benzodiazepines) diagnosed using DSM-5 criteria in the 12 months prior to screening
- History of sleep apnea
- Treatment-resistant depression: defined as persistent depressive symptoms despite treatment with adequate doses of antidepressants within the current episode (excluding antipsychotics) from 2 different classes for at least 4 weeks of treatment.

NOTE: Other protocol-defined inclusion/exclusion criteria may apply.

## Patient Involvement in the Shoreline Study

Study Duration: approximately 56 weeks

Study Period	Purpose	Duration	Number of Visits
Screening	Determines eligibility	Up to 28 days	1
Initial Treatment Period	Administer 14-day treatment with SAGE-217	14 days	3
Follow-up	Evaluate overall health and MDD symptoms	14 days	1
Observational Period	Assess MDD symptoms and the need for additional cycle(s) of treatment with SAGE-217	48 weeks	At least 6 (approx. every 8 weeks)

## About SAGE-217

SAGE-217 is an oral compound that has been shown in vitro to be a positive allosteric modulator of synaptic and extrasynaptic GABA<sub>A</sub> receptors. The GABAergic system is the major inhibitory-signaling pathway of the brain, and contributes to regulating CNS function.

The investigational medication is thought to target the brain in a new way. It is being studied as a 2-week treatment, with the option for additional 2-week treatment periods as needed during an observational period.

For more information about this trial, please visit:

[ClinicalTrials.gov/ct2/show/NCT038864614](https://ClinicalTrials.gov/ct2/show/NCT038864614)

All study-related medication and medical care will be provided at no cost. Transportation may be available for those who require assistance.

Patients currently taking a stable antidepressant dosage may be able to stay on their medication during the study.



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